**JUNE MORNING CLASS-2023**

**HAND OUT 7**

**TIME:20 MIN**

**MARKS: 25**

1. State 5 ways you can make the care receiver feel comfortable and cheerful (5 marks)
2. How can you reduce stress as a caregiver? (5 marks)
3. What is etiquette? (2 marks)
4. State 5 ways you can portray etiquette and courtesy as a professional caregiver while taking care of your care recipient? (5mks)
5. Explain 5 ways on how you would manage your time as a caregiver taking care of an elder in their home? (5 marks)
6. What is your understanding of maintaining formality with the care receiver’s family? Give 2 examples of how you can act formally(3mks)